

BABYSITTER INSTRUCTIONS:

Our Address:

Mom Cell:

Dad Cell:

Police and Fire - 911

Kids Dr phone number:

Wifi Password:

Closest neighbors address and phone numbers:

Grandparents phone numbers:

OUR RULES

1. Obey the sitter (Please send them to timeout on their bed for 5, 10, 15 minutes if they are not obeying. If behavior doesn't change tell them you will let us know they need a consequence. If you think they are trying to get away with something, just let them know you are going to text and ask us.)
2. Potty talk belongs in the bathroom
3. Treat others as you want to be treated
4. If you want to run/scream - go outside
5. Eat at the kitchen table or outside only
6. No treats/sugar for kids please (we will tell you if there's an exception)
7. No ipad, computer, or TV (we will tell you if there's an exception)

Please get kids to help with the following tasks before bed:

1. Clear the dishes they used and rinse them in the sink
2. Wipe off the kitchen table
3. Sweep up under the table (kids broom in trash can drawer)
4. Clean up all toys/forts/projects

Bedtime (begin this process at 7:30pm) (Rosie usually naps around 1pm)

1. Clean up toys
2. Go potty and put on jammies
3. Drink water and brush teeth
4. Read books together
5. Lights out. Put them into their own beds. Pray. Read the Bible out loud to them while they are quiet in bed.

Please do not hesitate to text (or call) with any questions.

We do ask that you only use your phone to contact us or your parents while kids are awake.

Thanks for caring for our kids!! We appreciate you!